

LIME WOOD

Date 23rd Feb, 16th Mar, 6th Apr, 27th Apr, 18th May
8th Jun, 29th Jun, 20th Jul

WEEK 1

MONDAY

Beef Pasta Bolognese (GL)
Veggie Noodle Stir Fry (GL,EG,SO)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Ice cream (M) or Fresh Fruit

TUESDAY

Mild Chicken Curry with Steamed Rice
Vegan Meatballs with Tomato Sauce & Rice (SO)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Apple Crumble & Custard (GL,M) or Fresh Fruit

WEDNESDAY

Roast Turkey with Potatoes & Gravy (SU)
Sweet Potato and Mushroom Loaf with Potatoes & Gravy (GL)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Vegan Fruit Jelly or Fresh Fruit

THURSDAY

Chicken Meatballs & Tomato Pasta (GL)
Handmade Margherita Pizza with Vegetable Sticks (GL,M)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Marble Cake (GL) or Fresh Fruit

FRIDAY

Breaded Fillet of Fish with Chips (GL,FI)
Veggie Fajita with Chips (GL)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Apple & Raisin Biscuit (GL) or Fresh Fruit

VEGETABLES, SALAD, BREAD, AVAILABLE DAILY

Date 2nd Mar, 23rd Mar, 13th Apr, 4th May, 25th May
15th Jun, 6th Jul, 27th Jul

WEEK 2

Loaded Mac n Cheese (GL,M)
BBQ Veggie Burrito (GL,SO)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Ice Cream (M) or Fresh Fruit

Beef Lasagne (GL,EG,M)
Veggie Cottage Pie (GL,SO)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Fruity Flapjack (GL) or Fresh Fruit

Chicken sausage with Mash & Gravy (GL,SU)
Vegan Sausage with Mash & Gravy (SO,SU)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Oat & Banana Biscuit (G) or Fresh Fruit

Salmon Fillet with New Potatoes & Pantry Tomato Sauce (FI)
Handmade Margherita Pizza with Sweetcorn Rib (GL,M)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Vegan Fruit Jelly or Fresh Fruit

Fish Fingers with Chips (GL,FI)
Falafel with Chips (GL)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Chocolate Brownie (GL) or Fresh Fruit

Date 9th Mar, 30th Mar, 20th Apr, 1st May
1st Jun, 22nd Jun, 13th July

WEEK 3

Chicken Hot Dog with Wedges (GL,SO,SE,SU)
Vegan Hot Dog with Wedges (GL,SO,SE)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Ice cream (M) or Fresh Fruit

Lemon & Herb Turkey Jollof Rice (SU)
Handmade Margherita Pizza with Garden Salad (GL,M)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Fruity Shortbread (GL) or Fresh Fruit

Roast Chicken with Potatoes & Gravy (SU)
Squash & Spinach Plait with Potatoes & Gravy (GL,SU)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Vegan Fruit Jelly or Fresh Fruit

Chicken & Sweetcorn Wrap (GL,SO,M)
Squash & Sweet Potato Dahl with Naan Bread & Rice (GL)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Iced Sprinkle Sponge (GL) or Fresh Fruit

Breaded Fillet of Fish with Chips (GL,FI)
Loaded Bean & Veggie Chilli with Chips (GL,M,SO)
Tomato Pasta (GL)
Jacket Potatoes - Cheese (M), Beans or Tuna (FI)
Sandwiches-Egg (GL,EG,SO),Cheese (GL,M,SO) or Tuna (GL,SO,FI)
Soft Baked Chocolate Cookie (GL) or Fresh Fruit

BREAD CONTAINS - GL - MI - FG - SO

ALLERGY KEY
CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG / FISH - FI / LUPIN - LU / MILK - MI
NUTS - NO / MUSTARD - MU / WOTS - WO / PEANUTS - PE / SESAME SEEDS - SE / SOYA - SO / SULPHUR - SU

The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our Kitchens.

